



LAKELAND CHIROPRACTIC

▪ LIFETIME FAMILY WELLNESS ▪

INNATE INTELLIGENCE

Innate Intelligence is the most important teaching point in the **Wellness Paradigm**. If you truly understand Wellness, then you must have a basic understanding of Innate Intelligence. Innate Intelligence refers to the **immaterial vital force** that maintains the existence of the body and gives it all of its properties. It is the **LIFE** within that animates your living body!

Innate Intelligence is a Chiropractic term; however, there are many synonyms: Life, Life Force, Mother Nature, Mental Impulse Supply, Vital Force, God Within, Electrochemical Impulse... It is the Principle which is the most important to grasp, not the name we attach to it, so choose one that aligns with your own belief system.

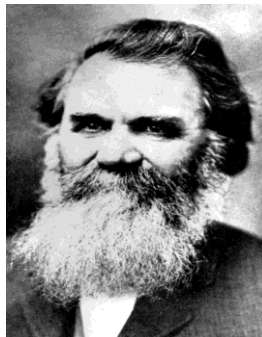
Innate's Role in your life:

Physiologically:

1. Survival – Your body will do *everything possible* to keep you alive...
2. Adaptation – Your body is continuously adapting to its *internal and external environment*
3. Replication – Every minute 2.5 million cells come and go within your body
4. Reproduction – 2 cells come together to form 100 trillion in just 9 months. Amazing.
5. Healing – Your body is *designed* to heal from within. That is the *only* way healing occurs...

Mentally: It is the storehouse of memory and experience

Spiritually: Represents the connection between Man the Physical and Man the Spiritual



“The Purpose of the Chiropractic Adjustment is to reconnect Man the Physical with Man the Spiritual.”

D. D. Palmer –The Founder of Chiropractic

▪ LAKELAND CHIROPRACTIC IS DEDICATED TO SERVING THE COMMUNITY THROUGH CONSERVATIVE CARE AND PATIENT EDUCATION ▪