

EVERY 24 HOURS:

- YOUR HEART BEATS **103,689** TIMES
- YOUR BLOOD TRAVELS **168,000,000** MILES
- YOUR LUNGS BREATHE **23,240** TIMES
- YOUR BODY TURNS IN SLEEP **30** TIMES
- YOU EAT AND DIGEST **3.5** POUNDS OF FOOD

WHAT CONTROLS THIS?

DO *YOU* CONTROL IT WITH THE *EDUCATED MIND*?

THIS IS THE WORK OF YOUR BODY'S

INNATE INTELLIGENCE

CHIROPRACTIC ADJUSTMENTS KEEP YOU HEALTHY BY ALLOWING
THE *INNATE INTELLIGENCE* TO EXPRESS ITSELF NORMALLY
THROUGHOUT YOUR BODY.