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LAKELAND CHIROPRACTIC

YOUR INNATE POTENTIAL

Now accepting new patients.

Get your spine and
nervous system checked today!

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IS A MISALIGNED SPINE ROBBING YOU OF YOUR BODY'S TRUE POTENTIAL?

Your central nervous system includes the brain, spinal cord and every single nerve in your body. It continually monitors and controls all bodily functions. The nerves and spinal cord are like a communications network that transmit signals back & forth to the brain. The nervous system is what enables life to flow throughout our bodies and is protected primarily by our skull and our spine.

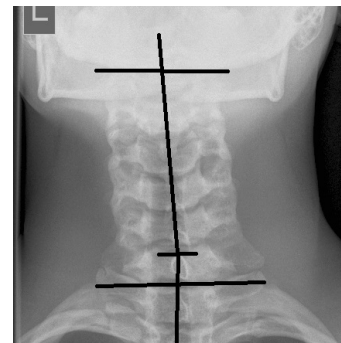
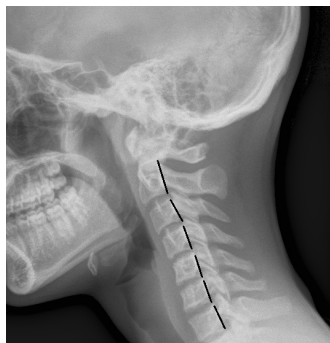
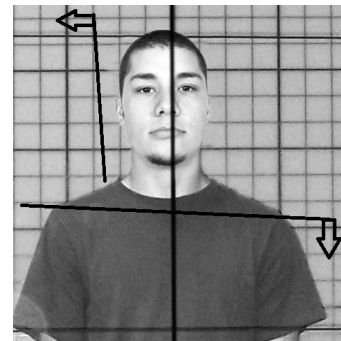
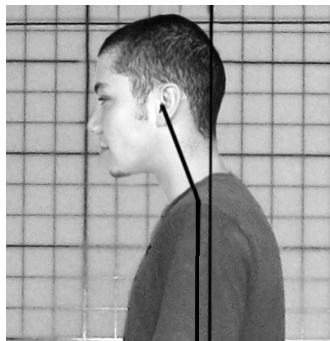
When the joints in our spine are in proper alignment, our nervous system can operate at full potential with uninterrupted nerve flow throughout approximately 15 billion nerve cells in the body. Under these optimum conditions, all systems in our body have the potential to function perfectly. Dead or dying cells are continually replaced with healthy cells and all other subsystems, i.e. respiratory and circulatory systems, can function.

Factors such as poor posture, health habits or injury can affect the alignment of the spine. A spinal bone can misalign (this is called a **subluxation**) and pinch or squeeze a nerve, disabling messages traveling over nerves throughout a respective area of the body. This can happen regularly to nearly every person throughout their lives. For example, a subluxation in the upper thoracic area of the spine can interrupt nerve flow to the lungs. The lungs fail to receive 100% of messages from the brain and cease to function normally. This can cause dysfunctions like shortness of breath or asthma.

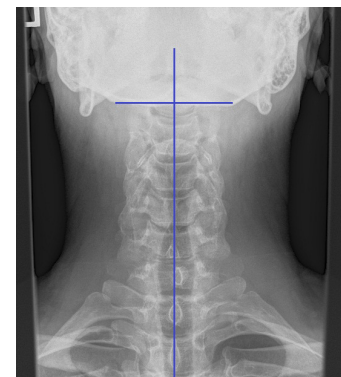
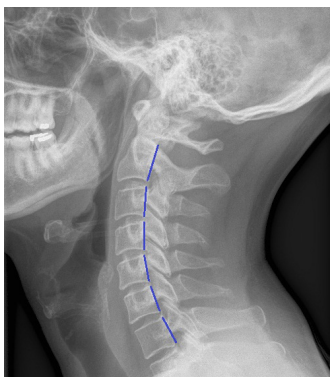
Subluxations, or misalignments of the spine, can cause this to happen in any area of the body.

Getting your spine checked by a Chiropractor is a crucial part of a comprehensive preventative health plan, much like routinely having physical exams or having your teeth cleaned & examined. Your spinal health dictates all function in the body. It makes perfect sense to ensure that subluxations do not rob your body of proper nerve flow, which can go undetected for long periods of time with no symptoms. It ultimately can lead to serious dysfunction & disease in any area of the body (not just the neck or back.)

SPINAL MISALIGNMENT



CORRECT ALIGNMENT



THANK you!

Dr. Dirk and staff would like to thank all who attended our June Health & Wellness Fair.
A special thanks to our sponsors, vendors, speakers and contributors:

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|------------------------|----------------------|-----------------------|--|
| – Clutter to Comfort | – Planet Fitness | – Qdoba Mexican Grill | – Oostburg First Reformed Church |
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