



## LAKELAND CHIROPRACTIC

▪ LIFETIME FAMILY WELLNESS ▪

### Chiropractic and Bedwetting

Several recent studies have shown the benefits of chiropractic care for children suffering from "Nocturnal Enuresis" more commonly known as bedwetting. Several studies published in the Journal of Manipulative and Physiological Therapeutics showed marked improvement in children with this problem over children who did not receive chiropractic care.

In one study 171 children suffering with enuresis averaged 7 nights of bed wetting per week prior to the study. After the children were given some initial chiropractic care the average child reduced the number of "wet" nights to 4 nights per week. A full 25% of the children receiving chiropractic showed a 50% reduction in wet nights. In addition, only 1% of the children were considered "dry" prior to the study and prior to receiving chiropractic care. After the study 15% of the children were then considered "dry".

In another study, 46 primary enuretic children were studied. Of this group 31 were placed under chiropractic care while 15 were in the control group and did not receive any chiropractic care. The results of this study showed a 17.9% decrease in wet nights for the chiropractic group. Over the same period of time no change was noted for the control group who did not receive any chiropractic care.

Amazingly, improvement in some of the studies was shown to be immediate after the first adjustment and remain stable thereafter.

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\*\* Who do you know that could benefit from Chiropractic Care? \*\*

**SHARE WITH FRIENDS, FAMILY, AND CO-WORKERS**

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▪ LAKELAND CHIROPRACTIC IS DEDICATED TO SERVING THE COMMUNITY THROUGH CONSERVATIVE CARE AND PATIENT EDUCATION ▪

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