



LAKELAND CHIROPRACTIC

▪ LIFETIME FAMILY WELLNESS ▪

Vertigo Helped With Chiropractic, according to study

A research report from the November 8, 2006 issue of the Journal of Vertebral Subluxation Research shows the benefits of chiropractic care for patients suffering from vertigo. In this study 60 patients who were diagnosed by their medical physicians as having various forms of vertigo, received chiropractic care and the results were documented and published.

Vertigo is a condition characterized by dizziness with a sensation of spinning. Because of the feeling of movement or rotation, many sufferers also feel nausea and can experience lightheadedness and balance problems. The diagnosis of vertigo is typically based on the symptoms of the patients as there are not specific lab tests and the patients may have a variety of situations that seem to be related. In this study, the nervous system was looked to for a causal relationship.

Of the 60 patients in this study, 56 reported having some form of physical trauma prior to the onset of their vertigo. Of these 25 had reported having automobile accidents, 16 had suffered a sports injury including skiing, bicycling, or horseback riding, and 6 slipped and fell on ice. It was noted that all of these individual's suffered trauma to either their head or neck area.

Upon initial examinations of the subjects, it was reported that vertebral subluxations were found in all 60 patients. Analysis procedures using paraspinal digital infrared imaging and laser-aligned radiography, were performed in order to have a consistent means of measuring subluxation findings and progress of correction.

Specific chiropractic care for the correction of subluxations was rendered to all 60 subjects in this study. The results showed that all of the patients in this study responded positively to the chiropractic care. The time frame for the responses varied from between one and 6 months. Of the original 60 patients, 48 were totally symptom free within six months. The remaining 12 patients had also shown good improvement by either decreases in severity or frequency in episodes of vertigo.

In the conclusion, the author of the study noted, "A causal link between trauma-induced upper cervical (neck) injury and the onset of vertigo appears to exist. Correcting the injury to the upper cervical spine through the use of IUCCA protocol (a form of chiropractic care) appears to improve and/or reverse vertigo disorders."

** Who do you know that could benefit from Chiropractic Care? **

SHARE WITH FRIENDS, FAMILY, AND CO-WORKERS

▪ LAKELAND CHIROPRACTIC IS DEDICATED TO SERVING THE COMMUNITY THROUGH CONSERVATIVE CARE AND PATIENT EDUCATION ▪

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