



## LAKELAND CHIROPRACTIC

▪ LIFETIME FAMILY WELLNESS ▪

### **Disease: Understanding the Cause**

Claude Bernard was a 19th century French physiologist and contemporary of French chemist Louis Pasteur. The two famous doctors argued throughout their lives as to what really was the cause of disease, the soil or the seed. Pasteur insisted it was the seed (germ) while Bernard claimed it was the soil (the body). On Pasteur's death bed, it is said that he admitted that Bernard was right; he said, "it is the soil, not the seed."

The seed (germ factors) or the soil (the body, host factors) argument was as prevalent then as it is now again today. Today many medical authors are agreeing that, although germs are certainly a factor involved in the diseases of man, the germ alone is not the cause of disease. Dr. B. J. Palmer, the developer of chiropractic, and the son of the man who discovered chiropractic stated:

"If the germ theory of disease were correct, there would be no one living to believe it."

Think about it for a moment, and you will see the common sense in Dr. Palmer's statement.

Some medical doctors and most Chiropractors agree that the germ, though being part of the disease syndrome, is not the direct cause of disease. First a person must be susceptible to the germ. Germs will always be with us and our concern should be to strengthen our resistance to them.

Dr. D.D. Palmer, the discoverer of chiropractic stated, "Disease is abnormal performance of certain functions: the abnormal activity has its causes."

Chiropractic has sought to find these causes which often are due to nerve interference along the spine caused by a spinal misalignment, called subluxation. Subluxations can impair normal nerve transmission which then causes abnormal body function, lowering the body's resistance and making the body susceptible to disease.

Chiropractic Science holds that regular chiropractic care helps prevent disease and maintains the body in a high state of health. That is why millions of people choose to receive regular monthly chiropractic care. The cause of disease is within you, it is the lack of your body's ability to ward off disease. Increase this ability through the natural drugless method of chiropractic care.

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\*\* Who do you know that could benefit from Chiropractic Care? \*\*

**SHARE WITH FRIENDS, FAMILY, AND CO-WORKERS**

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▪ LAKELAND CHIROPRACTIC IS DEDICATED TO SERVING THE COMMUNITY THROUGH CONSERVATIVE CARE AND PATIENT EDUCATION ▪

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