



## LAKELAND CHIROPRACTIC

▪ LIFETIME FAMILY WELLNESS ▪

### Chicken Soup for the Chiropractic Soul

Most of us are familiar with the series of successful books "Chicken Soup for the Soul". Well, now one more has been added to that group which speaks the truth and success of chiropractic care. "Chicken Soup for the Chiropractic Soul," by best-selling authors Jack Canfield, Mark Victor Hansen and Dr. Fabrizio Mancini was recently released and is now available.

In a review of the book, Dr. Eric Plasker states, "Inside the pages of this profoundly moving book, you will find real life stories of people who survived and triumphed over illness with the help of the chiropractic wellness model. Among the dozens of incredible testimonials are stories about newborns, athletes and average citizens whose lives have been miraculously changed by the healing touch of chiropractors."

The book contains a series of testimonials from individuals whose lives had been changed by chiropractic. One such notable testimonial was from Olympic Triathlon Gold medalist Dan O'Brien, "I have gone from the depths of despair and failure to the pinnacle of athletic and personal victory. It's been a long, sometimes anguishing, and much-publicized journey. Through it all, one thing is absolutely certain - if not for chiropractic, I would not have won the gold! " He went on to say, "I can honestly say, in the last five years, it has remarkably improved my overall wellness. I hardly ever get sick and I don't get headaches. Chiropractic helps in injury prevention, and dramatically improves recovery - which is crucial, because I've found that the body cannot heal itself if it's not in alignment"

Other stories in the book include a Vietnam veteran and former POW who wins the state golf tournament for amputees after years away from the game, a man without hope regains lost vision, an "infertile" woman who gives birth to a healthy baby girl and a child freed from migraines grows up to help others with the same problem.

Dr. Fabrizio Mancini, one of the co-authors of the book sums up the book by saying. "As you begin to read Chicken Soup for the Chiropractic Soul we hope that you will be inspired and moved by the heart warming stories of people like yourself who have chosen chiropractic for a holistic approach to healing, pain relief, and lifelong wellness. Many of the stories will sound miraculous to you - and to those who experienced them, they were indeed miracles. But once you understand the underlying philosophy of chiropractic they are not really miraculous at all; they are just the results of the body's innate healing power being released to do its work."

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\*\* Who do you know that could benefit from Chiropractic Care? \*\*

**SHARE WITH FRIENDS, FAMILY, AND CO-WORKERS**

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▪ LAKELAND CHIROPRACTIC IS DEDICATED TO SERVING THE COMMUNITY THROUGH CONSERVATIVE CARE AND PATIENT EDUCATION ▪

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