



LAKELAND CHIROPRACTIC

▪ LIFETIME FAMILY WELLNESS ▪

Fertility and Chiropractic

Several recent published case studies have highlighted the benefits and miraculous results of chiropractic care for patients who were unsuccessful in their attempt to have children. In three successive issues of the Journal of Vertebral Subluxation Research, (JVSR), case studies were published of women who were having trouble with infertility, and who were helped by chiropractic care.

The December 8, 2003 JVSR reported on a case study of a 32-year-old female with a history of infertility, who had attempted to become pregnant since August 1999, with no success and sought chiropractic care in November of 2001. Prior to the chiropractic care, she had received unsuccessful conventional medical treatment, including detailed fertility testing, artificial insemination, in vitro fertilization, and treatment with the fertility drug Clomid. She sought chiropractic care on November 3, 2001. Chiropractic analysis and correction were performed over the next six weeks and during this time, the patient's secondary complaints of low back pain and headaches improved dramatically. Additionally, the patient's fertility specialists noted that her estrogen levels, endometrial thickness, and cervical mucus levels were all at more favorable levels than at the time of the first in vitro attempt. A second attempt at in vitro fertilization was made on February 17, 2002, and the patient had a positive pregnancy test on March 2, 2002.

The second case was that of a thirty-four year old woman who presented for chiropractic care on January 10, 2000. Her concerns listed a variety of conditions, including a history of infertility. This patient made no other alterations in her lifestyle or clinical situation besides the addition of chiropractic care. Approximately 4-5 weeks into the care program the patient conceived naturally.

The third case was interesting because the woman was not trying to conceive. This case was that of a 65-year young female who presented with agonizing low back pain and severe lumbar degeneration. After four weeks of care she began spotting and was diagnosed as having a normal menstrual cycle. What was really interesting about this case was that she had experienced a severe fall at 13 years of age which resulted in a complete cessation of her menses at 18. She was diagnosed as infertile.

In each of these cases the chiropractic care was specific for correction of vertebral subluxations that were determined to be interfering with the normal function of the nervous system. This in turn disrupted the reproductive system of the patients. The conclusion of one of the studies sums up the process by saying, "The human body is designed to be healthy and to reproduce. Impairment of this ability indicates dysfunction on a fundamental level. Subluxations of the spine and the associated nervous system dysfunction can hinder proper function of body systems."

** Who do you know that could benefit from Chiropractic Care? **

SHARE WITH FRIENDS, FAMILY, AND CO-WORKERS

▪ LAKELAND CHIROPRACTIC IS DEDICATED TO SERVING THE COMMUNITY THROUGH CONSERVATIVE CARE AND PATIENT EDUCATION ▪

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