

## LIFETIME FAMILY WELLNESS •

## Alcohol Consumption during Pregnancy Damages the Unborn Brain

Reuters Health news service ran an article dated Feb 10, 2000 that stated that researchers now know how drinking alcohol during pregnancy can affect the brain of a fetus. This study also published in the February 11, 2000 issue of the Journal of Science, was conducted at Washington University School of Medicine in St. Louis Missouri.

One of the authors, Dr. John Olney, stated that "It's a mechanism that involves interfering with basic transmitter of the systems in the brain, which literally drives the brains nerve cells to commit suicide." The shocking part of the report was that it was reported that just one episode of getting drunk during the third trimester of pregnancy would be enough to damage the brain of a fetus.

\*\* Who do you know that could benefit from Chiropractic Care? \*\*

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• LAKELAND CHIROPRACTIC IS DEDICATED TO SERVING THE COMMUNITY THROUGH CONSERVATIVE CARE AND PATIENT EDUCATION •

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