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LAKELAND
CHIROPRACTIC

YOUR INNATE POTENTIAL

Now accepting new patients.
Get your spine and
nervous system checked today!

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“Should’a, Could’a, Would’a”

For times we’ve looked back at our past decisions in life and how they’ve affected our present situation – we use the old phrase “Should’a, Could’a, Would’a.”

Hindsight is 20/20 and, looking backwards in life, it’s easy to analyze what worked and what did not. It is not as easy the other way around, though. Those who can learn from the past and apply the intelligence to future decisions are truly gifted. People who are most successful in life realize the time for action is NOW.

When is the best time to live a healthy lifestyle? How many people are walking around suffering from a preventable health condition right now that they are totally unaware of, only to suffer the consequences years or decades later? Yes, the best time to start thinking about your health and taking action is NOW.

Lakeland Chiropractic is dedicated to helping people achieve maximum life potential through spinal and nervous system health. The results of neglecting your posture or spinal health can be serious. Many of our patients wish they would have discovered chiropractic sooner and know they’d be better off if only they started earlier.

Chiropractic care promotes healthy posture and an optimized nervous system, which helps every cell, tissue, and system in the body operate at full potential. If you’ve never had your spine checked in your entire life, you owe it to yourself to understand why it’s important and what yours looks like.

Give us 45 minutes to meet you and listen to your feedback about your body & your health goals. We’ll examine your posture and measure the exact position of your spine using digital photography and the most current X-ray technology. The results are yours and the intelligence you’ll gather is just as important as your first spinal adjustment.

“A New Year...A New You” is a FREE 25-minute wellness lecture – which INCLUDES DINNER – we’re hosting at Pizza Ranch on Monday, January 13th. Join us for a complimentary soup & salad bar and learn more about setting goals & achieving your best this New Year! Seats are limited so call (920) 564-6061 to reserve yours NOW.



A NEW YEAR...A NEW YOU!

Monday, January 13th • Pizza Ranch – Oostburg • 6:30pm
Soup & Salad bar is included

Learn more about how to improve your health and quality of life with natural, manageable approaches to exercise, weight loss, diet & nutrition and detoxification – with Dr. Dirk Dulmes of Lakeland Chiropractic. Limited seating – call to reserve your seats today.

MOVIE NIGHT

Monday, January 27th • Lakeland Chiropractic • 6:30pm
“Forks Over Knives”

Forks Over Knives suggests that “most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting our present menu of animal-based and processed foods.” Limited seating – call to reserve your seats today.

